

# 1991 Region 5A Championship

**Teams:** No team scores

## 100

- 1 Gerson Smith, DLS 11.38
- 2 Jeremy Angell, Annandale 11.50
- 3 Chris Agee, Blake 11.52
- 4 Gray Poepping, Rocori 11.61
- 5 Josh Hecksel, Watertown-M 11.67
- 6 Eric Stommies, Foley 11.72

## 200

- 1 Steve Schwarzbauer, Cathedral 23.44
- 2 Eric Stommies, Foley 23.62
- 3 John Pung, Braham 23.95
- 4 Josh Hecksel, Watertown-M 24.12
- 5 Jason Betterman, Swanville-GE 24.39
- 6 Brad Dahl, Annandale 24.44

## 400

- 1 Steve Schwarzbauer, Cathedral 51.49
- 2 Sam Olson, Becker-BL 52.19
- 3 Chad Meidinger, Rockford 52.39
- 4 Jeff Faden, Orono 52.57
- 5 Mike Kitchenmaster, New London 52.71
- 6 Todd Spanier, Paynesville 52.77

## 800

- 1 Joe Kurr, St. John's 2:00.21
- 2 Aric Katterhagen, Sartell 2:01.33
- 3 Brandon Mortenson, Atw-GC-C 2:02.76
- 4 Brad Bauer, Rocori 2:03.73
- 5 Eric Stevens, Delano 2:04.72
- 6 Mike Anderson, Litchfield 2:04.83

## 1600

- 1 Lowell Streit, Holdingf 4:28.96
- 2 Jason Massman, Rocori 4:30.36
- 3 Alex Nelson, Blake 4:32.32
- 4 Ben Lipscomb, Mpls Luth 4:34.06
- 5 Clay Twigg, Cr-Ir 4:37.44
- 6 Ben Nemeth, Cathed 4:38.43

## 3200

- 1 Jesse Westrup, Rocori 9:49.05
- 2 Adam Sparks, Annand 10:02.03
- 3 Pat Hennes, Sartell 10:07.98
- 4 Jason Massman, Rocori 10:10.74
- 5 Ben Lipscomb, Mpls Luth 10:17.90
- 6 Ben Nemeth, Cathed 10:24.19

## High Hurdles

- 1 John Acheson, Rocori 15.27
- 2 Brian Patrick, Holdingf 15.32
- 3 JJ Beckstrand, Atw-GC-C 15.33
- 4 Craig Sanborn, Dass-C 15.70
- 5 Steve Aho, Dass-C 15.99
- 6 Chad Johnson, Litchf 16.03

## Intermediate Hurdles

- 1 Brian Patrick, Holdingf 40.46
- 2 Craig Sanborn, Dass-C 40.50
- 3 JJ Beckstrand, Atw-GC-C 40.97
- 4 Jeff Hammer, Paynesv 42.38
- 5 Dan Angell, Becker-BL 42.53
- 6 Brian Starchfield, Blake 42.73

## 4x100 Relay

- 1 Becker-Big Lake 45.39
- 2 Annandale 45.41
- 3 Blake 46.01
- 4 Minnehaha Academy 46.09
- 5 Sartell 46.34
- 6 Crosby-Ironton 47.09

## 4x400 Relay

- 1 Annandale 3:29.55
- 2 SC Cathedral 3:30.96
- 3 Orono 3:35.16
- 4 Sauk Rapids 3:35.18
- 5 Blake 3:37.80
- 6 New London-Spicer 3:39.25

## Sprint Medley Relay

- 1 Foley 3:42.57
- 2 Rockford 3:42.96
- 3 Blake 3:45.24
- 4 Pierz 3:59.93
- 5 Annandale 4:00.08

## Shot Put

- 1 Mike Traylor, C-I 53-10  $\frac{3}{4}$
- 2 Tait Christensen, Litchf 51-5  $\frac{1}{2}$
- 3 Matt Nyquist, Dass-C 50-3  $\frac{3}{4}$
- 4 Mike Anderson, Atw-GC-C 47-7
- 5 Kris Kortuem, St Michael-A 47-0  $\frac{3}{4}$
- 6 Jacob Fowler, Holdingf 46-5  $\frac{1}{2}$

## Discus Throw

- 1 Matt Nyquist, Dass-C 165-8
- 2 Ted Ruzanic, Sartell 150-7
- 3 Tait Christensen, Litchf 149-5
- 4 Kris Kortuem, St Michael-A 144-4
- 5 Mike Traylor, C-I 140-10
- 6 Dan Wagner, Litchf 134-5

## Long Jump

- 1 Andy Dang, Rockf 20-9  $\frac{1}{2}$
- 2 Bryan Smith, Albany 20-7  $\frac{3}{4}$
- 3 Josh Scherber, St Michael-A 20-5  $\frac{3}{4}$
- 4 Todd Faber, EV-W-Kim 20-1  $\frac{1}{2}$
- 5 Jacob Hite, Cr-Ir 19-11
- 6 Mark Mischke, St Michael-A 19-10  $\frac{1}{2}$

## Triple Jump

- 1 James Stanoch, Holdingf 43-0  $\frac{3}{4}$
- 2 Josh Scherber, St Michael-A 42-9  $\frac{3}{4}$
- 3 Ben Forness, Ogilvie 42-7  $\frac{1}{2}$
- 4 Bryan Smith, Albany 42-0  $\frac{1}{4}$
- 5 Jacob Hite, Cr-Ir 41-9  $\frac{1}{4}$
- 6 Jason Betterman, Swanville-GE 41-9

## High Jump

- 1 Henrick Eikaas, Braham 6-4
- 2 Jeff Hammer, Paynesville 6-2
- 3 Brian Patrick, Holdingf 6-0
- 3 David Gray, Blake 6-0
- 5 Ron Knudsvig, Belgrade-B-F 6-0
- 6 Clayton Schneider, Braham 6-0

## Pole Vault

- 1 Winston Shaw, Mound-W 13-7
- 2 Pat Mastey, Foley 12-0
- 3 Daren Teske, Albany 12-0
- 4 JJ Beckstrand, Atw-GC-C 12-0
- 5 Scott Dronek, Rockf 11-6
- 5 Cory Nelson, St Michael-A 11-6

\* Ties Meet Record

\*\* New Meet Record

**Notes:**